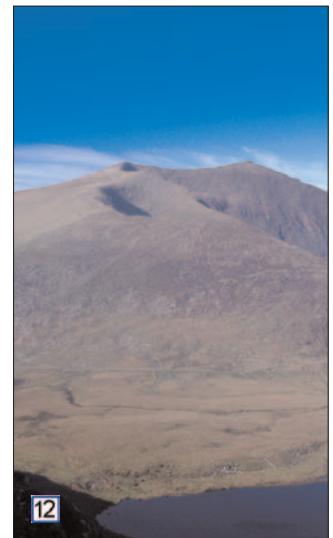


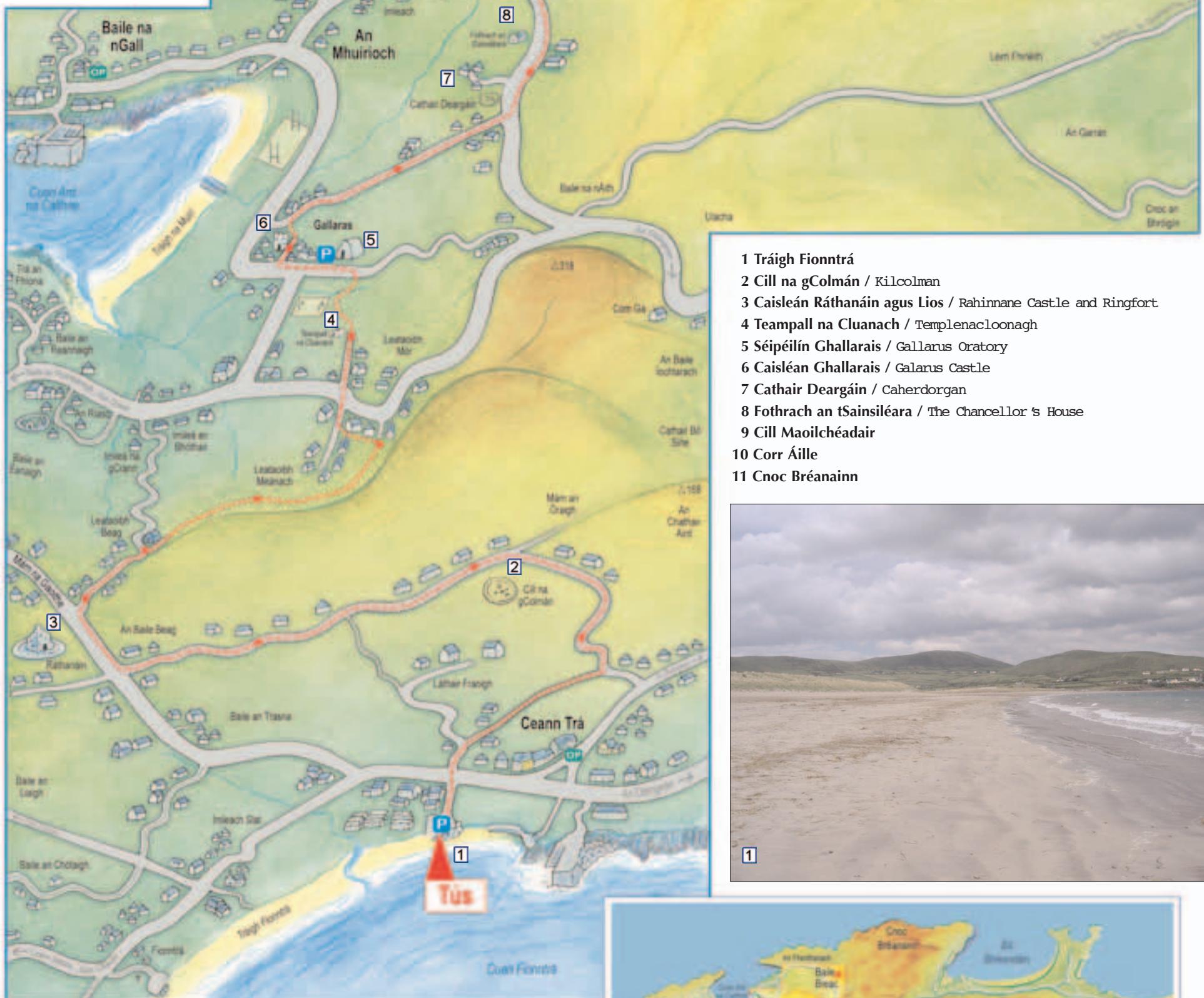


Cosán na Naomh

5



-----	Cosán na Naomh / The Saints' Path
••••	Climéadar / km
P	Páircéail / Parking
OP	Oifig Poist / Post Office
Cill	Cill / Cell, church
Fothrach	Fothrach / Ruin
Sáipéilín	Sáipéilín / Oratory
Caisleán	Caisleán / Castle
Láthair	Láthair / Site, archaeological
Talamh iséal	Talamh iséal / low ground
Talamh ard	Talamh ard / high ground
Carraigeacha	Carraigeacha / rocks
Gaineamh	Gaineamh / sand
Uisce	Uisce / water
Abhainn	Abhainn / river
Tigh	Tigh / house
Bóthar	Bóthar / road



- 1 Tráigh Fionntrá
- 2 Cill na gColmán / Kilcolman
- 3 Caisleán Ráthanáin agus Lios / Rahinnane Castle and Ringfort
- 4 Teampall na Cluanach / Tempplenacloonagh
- 5 Séipéilín Ghallarais / Gallarus Oratory
- 6 Caisleán Ghallarais / Galarus Castle
- 7 Cathair Deargáin / Caherdorgan
- 8 Fothrach an tSainsiléara / The Chancellor's House
- 9 Cill Maoilchéadair
- 10 Corr Áille
- 11 Cnoc Bréanainn



Ón bhfoilseachán Cosán na Naomh (An Chomhairle Oidhreachta 2002) le Peter Harbison agus Joss Lynam a baineadh cuid mhaithe den téacs seo. Tá an folseacháin sin as cló fén am seo. An Chomhairle Oidhreachta a mhaoinigh forbairt Chosán na Naomh mar cheann desna na siúlóidí a leanann bealaí oilithreacha na Meánoiseanna in Éirinn.

Much of the text for this brochure is based on Cosán na Naomh by Peter Harbison and Joss Lynam, (The Heritage Council, 2002) which is now out of print. Funding for the development of this walking route came from the Heritage Council as part of an initiative to develop a network of walking routes along medieval pilgrimage paths in Ireland.